

←—————→
My Goals For _____
←—————→

1. _____

2. _____

3. _____

4. _____

5. _____

Now let's dive in a bit deeper on each one of these!



My Goal Worksheet



My Goal: _____



What are five action items that I need to do to accomplish this goal?

1. _____

2. _____

3. _____

4. _____

5. _____



Let's break it down even further!




What will I do in the next month to achieve my goal?

1. _____

2. _____

3. _____



Don't forget to add the rest of your action items to your master to do list!